

NAME _____ ID# _____

CORE CURRICULUM – 43-45 Semester Hours (SH)

UNIVERSITY CORE

A. Core Foundations (12SH)

- CORE 101 _____ 3
- CORE 102 _____ 3
- CORE 103* _____ 3
- CORE 201 _____ 3
- CORE 202 _____ 3

B. Core Skills & Knowledge (16SH)

- Courses must be from different disciplines:
- MATHEMATICAL SCIENCES (3SH)**
 MATH 137 _____ 3**
- NATURAL SCIENCES (4 SH)**
 BIOL 105 _____ 4**
- HUMANITIES (3 SH)**
 _____ 3
- One of the following: ENGL 200 HIST 101, 102 PHIL 111, 112, 114 RELN 111, 112, 203, 206
- SOCIAL/BEHAV. SCIENCES (3 SH)**
 PSYC 121 _____ 3**
- VISUAL & PERFORMING ARTS (3 SH)**
 _____ 3
- One of the following: ART 111, 215, 216 CVPA 266 DNCE 111 MUSC 100, 121, 123 THEA 100, 180

NOTE: Courses listed in multiple areas can only be used to fulfill a single area requirement.

Students can use only one course with their major prefix to fulfill core requirements.

* Honors course – will replace CORE 101 & 102 for those students in the RU honors program

**Program requirements met through Core Curriculum

COLLEGE CORE

A. National & International Perspectives (6SH)

- Courses must be from different disciplines:
- U. S. PERSPECTIVES (3 SH)**
 _____ 3
- One of the following: APST 200 ECON 101, 105, 106 ENGL 203 GEOG 201, 202, 203 HIST 111, 112 POSC 120, SOCY 110

GLOBAL PERSPECTIVES (3SH)

- _____ 3
- One of the following: ENGL 201 CVPA 266 GEOG 101, 102, 140, 280 HIST 101, 102 INST 101 ITEC 112 PEAC 200 RELN 112, 205, SOCY 121 THEA 180 WMST 101

B. Supporting Skills & Knowledge (9-11SH)

- NATURAL SCI. OR MATHEMATICAL SCIENCES (3/4 SH)**
 STAT 200 _____ 3**
- HUMANITIES, VISUAL & PERFORMING ARTS, OR FOREIGN LANGUAGES (3-4 SH)**
 _____ 3-4
- One of the following: ENGL 200 HIST 101, 102 PHIL 111, 112, 114 RELN 111, 112, 203, 206 Or ART 111, 215, 216 DNCE 111 MUSC 100, 121, 123 THEA 100, 180 Or CHNS 101: 102, 201: 202 FORL 100, 109, 209, 309, 409, 200: 210 FREN 100, 200:210, 300, 320 GRMN 100, 200: 210, 300 LATN 101: 102, 201, 350 SPAN 101: 102, 201: 202
- SOCIAL/ BEHAV. SCI. OR HEALTH & WELLNESS (3SH)**
 HLTH 200 _____ 3**

**Sport Administration Option
 Required Courses (77 Semester Hours)**

Sport Administration Concentration (46 Semester Hours)

BIOL 322 _____ (6)	Human Anatomy and Physiology	F/S/SU
ENGL 306/307 _____ (3)	Technical Writing	S
ESHE 201 _____ (3)	Intro Athletic Training	F/S/SU
ESHE 212 _____ (3)	Intro to Sport Management	F/S
ESHE 305 _____ (3)	Principles of Strength and Conditioning	F/S
ESHE 350 _____ (3)	Sports and Exercise Psychology	F/S/SU
ESHE 358 _____ (3)	Technology in ESHE	F/S
ESHE 360 _____ (3)	Marketing and Promotions of ESHE	F
ESHE 388 _____ (3)	Coaching Management	F/S
ESHE 391 _____ (4)	Exercise Science Foundations	F/S/SU
ESHE 395 _____ (3)	Motor Behavior Foundations	F/S/SU
ESHE 415 _____ (3)	Sport Administration	S
ESHE 461 _____ (3)	Org & Adm of ESHE programs	S
ESHE/HLTH _____ (3)	Elective	F/S/SU

Pre-requisites

- BIOL 105
- 56 hrs.
- HLTH 200/BIOL 322
- 15 hrs.
- HLTH 200
- PSYCH 121
- 56 hrs.
- 56 hrs.
- BIOL 322/HLTH 200
- PSYC 121
- ESHE 212/56 hrs.
- HLTH 200

Interdisciplinary (15 Semester Hours)

- Select from following courses:
- MGNT 322; 323; 357; 421; 425; _____ (3)
 - MKTG 340; 341; 342; 344; 350; 360 ACTG 211; 212; _____ (3)
 - BLAW 203; FINC 331; 332 _____ (3)
 - COMS 104; 146; 173; 204; 225; 230; 250; 336; 337; 414 _____ (3)
 - ECON 105/106; 313 _____ (3)

APPROVED ELECTIVES (total 120 hrs.)
 (NOTE: To graduate with honors, a student must complete 60 sem. Hrs. at RU)

ELECTIVES (Minimum of 9 Hrs.)

*Minors are encouraged in: Business Administration, Management, Marketing, Communication (see catalog). **However**, no more than 6 credits toward a minor may be double counted from the major course work.

Professional Fieldwork (7-13 Hours)

- ESHE 363 Professional Seminar in ESHE Fieldwork _____ (1) F/S
- ESHE 463 Professional Fieldwork in ESHE _____ (6-12) F/S/SU To enroll and to graduate, gpa must be 2.1 overall and 2.5 in major (all ESHE and HTLH courses)

Sport Administration 4 Year Plan

*Must be taken in designated semester. Courses in **Bold** are required in Core Curriculum.

Fall Semester		Spring Semester	
Freshman Year	Cr.	Freshman Year	Cr.
*University Core A: Core 101	3	* University Core A: Core 102	3
University Core B: Humanities or VPA	3	University Core B: Psychology 121	3
College Core A: Global Perspectives	3	College Core B: HLTH 200	3
College Core A: US Perspectives	3	College Core B: Humanities/VPA/Foreign Lang	3
University Core B: BIOL 105	4	University Core B: Math 137	3
	Total 16		Total 15
Sophomore Year		Sophomore Year	
* University Core A: Core 201	3	* University Core A: Core 202	3
University Core B: Humanities or VPA	3	BIOL 322: Anatomy & Phys.	6
College Core B: STAT 200	3	ESHE 360: Marketing & Promotion in ESHE	3
ESHE 212: Intro to Sport Management	3	Interdisciplinary Course	3
ESHE 395: Motor Behavior Foundations	3		
	Total 15	<i>Talk to advisor about choosing a minor to complement your degree & interests.</i>	Total 15
Junior Year		Junior Year	
ESHE 391: Exercise Science Foundations	4	ESHE 201: Intro to Athletic Training	3
ESHE 358: Technology in ESHE	3	ESHE 388: Coaching Management	3
ENGL 306/307	3	ESHE 350: Sport Psychology	3
Interdisciplinary Course	3	Interdisciplinary Course	3
Elective/minor	3	Elective/minor	3
	Total 16		Total 15
Senior Year		Senior Year	
ESHE 305: Principles of Strength & Conditioning	3	ESHE 415: Sport Administration	3
ESHE 363: Prof. Seminar in ESHE Fieldwork	1	ESHE 461: Org & Admin of ESHE Programs	3
ESHE/HLTH Elective	3	ESHE 463: Professional Fieldwork in ESHE	6
Interdisciplinary Course	3		
Interdisciplinary Course	3		
Elective/minor	3		
	Total 16		Total 12